Using this Console

TV mode (not applicable to Nintendo Switch Lite)

Tabletop mode (not applicable to Nintendo Switch Lite)

Inserting a microSD card

PLEASE NOTE

In this document, the terms “Nintendo Switch”, “console” and “Nintendo Switch console” also refer to the Nintendo Switch Lite system, unless otherwise stated. Any references to the Joy-Con™ controllers, to multiple batteries and to the vibration feature do not apply to the Nintendo Switch Lite system.

Health and Safety Information

Please read and observe the health and safety information. Failure to do so could result in injury or damage. Adults should supervise the use of this product by children.

**WARNING – Seizures**

- Some people (about 1 in 4000) may have seizures or blackouts triggered by light flashes or patterns, and this may occur while they are watching TV or playing video games, even if they have never had a seizure before. Anyone who has ever experienced seizures, loss of awareness or any other symptom linked to an epileptic condition should consult a doctor before playing video games.
- Stop playing and consult a doctor if you have any unusual symptoms, such as: convulsions, eye or muscle twitching, loss of awareness, altered vision, involuntary movements, or disorientation.
- To reduce the likelihood of a seizure when playing video games:
  - Do not play if you are tired or need sleep.
  - Play in a well-lit room.
  - Take a break of 10 to 15 minutes every hour.

**WARNING – Eye Strain, Motion Sickness and Repetitive Motion Injuries**

- Avoid excessively long play sessions.
- Take a break of 10 to 15 minutes every hour, even if you don’t think you need it.
- Stop playing if you experience any of these symptoms:
  - If your eyes become tired or sore while playing, or if you feel dizzy, nauseated or tired;
  - If your hands, wrists, or arms become tired or sore while playing, or if you feel tingling, numbness, burning or stiffness or other discomfort.
- If any of these symptoms persist, consult a doctor.

**WARNING – Pregnancy and Medical Conditions**

- Consult a doctor before playing games that may require physical activity if:
  - You are pregnant;
  - You suffer from heart, respiratory, back, joint or orthopaedic problems;
  - You have high blood pressure;
  - Your doctor has instructed you to restrict your physical activity;
  - You have any other medical condition that may be aggravated by physical activity.

**WARNING – Batteries**

- Stop using if a battery is leaking.
  - If battery fluid comes into contact with your eyes, immediately rinse your eyes with plenty of water and consult a doctor. If any fluid leaks on your hands, wash them thoroughly with water. Carefully wipe the fluid from the exterior of the device with a cloth.
- The console and Joy-Con controllers each contain a rechargeable lithium-ion battery. Do not replace the batteries yourself. The batteries must be removed and replaced by a qualified professional. Please contact Nintendo Customer Support for more information.
**WARNING – Electrical Safety**

- Observe the following precautions when using the AC adapter:
  - Use only the AC adapter (HAC-002) to charge the console.
  - Connect the AC adapter to the correct voltage (AC 100 - 240V).
  - Do not use voltage transformers or plugs that deliver reduced amounts of electricity.
  - The AC adapter should be plugged into a nearby, easily accessible socket.
  - The AC adapter is for indoor use only.
  - If you hear a strange noise, see smoke or smell something strange, unplug the AC adapter from the socket and contact Nintendo Customer Support.
  - Do not expose devices to fire, microwaves, high temperatures or direct sunlight.
  - Do not let devices come into contact with liquid and do not use them with wet or oily hands.
  - If liquid gets inside, stop using and contact Nintendo Customer Support.
  - Do not expose devices to excessive force.
  - Do not pull on cables and do not twist them too tightly.
  - Do not touch device connectors with your fingers or metal objects.
  - Do not touch the AC adapter or connected devices while charging during a thunderstorm.
  - Use only compatible accessories that have been approved for use in your country.
  - Do not disassemble or try to repair devices.
  - If devices are damaged, stop using them and contact Nintendo Customer Support. Do not touch damaged areas. Avoid contact with any leaking fluid.

**WARNING – General**

- Keep this console, its accessories and packaging materials away from young children and pets. Small parts such as game cards, microSD cards and packaging items may be accidentally ingested. The cables can coil around the neck.
- Do not use this console within 25 centimetres (10 inches) of a cardiac pacemaker while using wireless communication. If you have a pacemaker or other implanted medical device, first consult a doctor.
- Wireless communication may not be allowed in certain places such as aeroplanes or hospitals. Please follow respective regulations.
- Do not use headphones to listen at high volume levels for long periods due to high sound pressure and hearing damage risk. Keep the volume at a level at which you can hear your surroundings. Consult a doctor if you experience symptoms such as buzzing in your ears.
- Stop playing if you are holding the console or the controllers while charging and they become too hot, as this may lead to skin burns.
- Persons who have an injury or disorder involving their fingers, hands or arms should not use the vibration feature.

**CAREFUL USAGE**

- Do not place the console in humid areas or areas where the temperature can suddenly change. If condensation forms, turn the power off and wait until the water droplets have evaporated.
- Do not use in dusty or smoky areas.
- Do not cover the console’s air intakes or vents while playing to avoid overheating.
- If devices become dirty, wipe them with a soft, dry cloth. Avoid using thinner, benzene or alcohol.
- Be aware of your surroundings while playing.
- Make sure to charge the built-in batteries at least once every six months. If the batteries are not used for an extended period of time, it may become impossible to charge them.

Please make sure you read the Health and Safety Information page on the Nintendo Switch console once it has been set up. You can access this information from SUPPORT in (System Settings) on the HOME Menu.

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**IMPORTANT INFORMATION FOR PARENTS**

**Parental Controls**

Nintendo Switch offers a variety of exciting features. However, as a parent, you might want to restrict certain things which you deem unsuitable for children. We have prepared special steps to enable you to make Nintendo Switch safe for your family.

Nintendo Switch Parental Controls are available on the console itself and can also be controlled by an app on your smart device. During the initial setup of your console, you can select how you would like to set Parental Controls. Follow the on-screen instructions to finish setting Parental Controls. On the console itself, you can use a PIN to set and change your desired Parental Controls settings. Your PIN can also be used to temporarily disable Parental Controls if you should wish to do so. You can also change your settings at any time – even when you are away from home – using the dedicated app.

**Purchase Restrictions in Nintendo eShop**

In order to restrict Nintendo eShop purchases, you must associate your child’s Nintendo Account with your Nintendo Account. Access your Nintendo Account on a smart device or PC to create an account for your child or associate an existing account with yours and set restrictions as you deem appropriate in the Nintendo Account settings.

https://accounts.nintendo.com

** Using the Joy-Con Controllers (not applicable to Nintendo Switch Lite)**

Charge and pair controllers before using them for the first time. You can charge and pair controllers by attaching them directly to the console or using the Joy-Con charging grip (HAC-012) (sold separately). To charge the controllers fully when they are attached to the console, ensure that the console is charging at the same time.

When playing with a Joy-Con detached from the console, make sure to use a Joy-Con strap accessory. To attach a Joy-Con strap accessory, match the + or – Button on the controller with the same symbol on the accessory. Slide the Joy-Con strap accessory onto the controller and lock it using the slide lock. Then, put on and tighten the wrist strap. Hold the controller securely and do not let go of it. Allow adequate room around you during gameplay. When you are done playing, release the slide lock before detaching the accessory from the Joy-Con.

When attaching a Joy-Con to the console or attaching a Joy-Con strap accessory, make sure that you orientate the Joy-Con correctly and slide it into place until you hear a clicking sound.

**Activating and Deactivating Wireless Internet Connection**

To activate wireless internet connection, go to INTERNET in (System Settings) on the HOME Menu and proceed to set up a connection.

To deactivate wireless internet connection in handheld mode, hold down the HOME Button to enter Quick Settings, then set Flight Mode to On. Alternatively, in handheld mode, start (System Settings) from the HOME Menu, then set Flight Mode to On.

**Disposal of this Product**

Do not dispose of this product or built-in batteries in household waste. For details see http://docs.nintendo-europe.com

**Warranty Information**

To find out how to receive warranty information, see support.nintendo.com
### Nintendo Switch Operating frequency band(s) | Maximum radio-frequency power
---|---
Bluetooth | 2402-2480MHz | 3dBm
WLAN | 2412-2472MHz / 5180-5320MHz (indoor use only)* / 5500-5700MHz | 19dBm / 15dBm / 15dBm

### Joy-Con (L) Operating frequency band(s) | Maximum radio-frequency power
---|---
Bluetooth | 2402-2480MHz | 4dBm

### Joy-Con (R) Operating frequency band(s) | Maximum radio-frequency power | Maximum field strength
---|---|---
Bluetooth | 2402-2480MHz | 4dBm | –
NFC | 13.56MHz | – | -6dBµA/m

### Nintendo Switch Lite Operating frequency band(s) | Maximum radio-frequency power | Maximum field strength
---|---|---
Bluetooth | 2402-2480MHz | 2dBm | –
WLAN | 2412-2472MHz / 5180-5320MHz (indoor use only)* / 5500-5700MHz | 19dBm / 15dBm / 15dBm | –
NFC | 13.56MHz | – | -1dBµA/m

* This restriction applies in the following countries: Belgium (BE), Bulgaria (BG), Czech Republic (CZ), Denmark (DK), Germany (DE), Estonia (EE), Ireland (IE), Greece (EL), Spain (ES), France (FR), Croatia (HR), Italy (IT), Cyprus (CY), Latvia (LV), Lithuania (LT), Luxembourg (LU), Hungary (HU), Malta (MT), Netherlands (NL), Austria (AT), Poland (PL), Portugal (PT), Romania (RO), Slovenia (SI), Slovakia (SK), Finland (FI), Sweden (SE), Switzerland (CH) and United Kingdom (UK).

### Ecodesign Information for the Nintendo Switch AC Adapter

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<th>Commercial registration number of EU authorised representative</th>
<th>HRB 101840</th>
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<tr>
<td>Model identifier</td>
<td>HAC-002(UKV)</td>
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<tr>
<td>Input voltage</td>
<td>AC 100-240V</td>
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<tr>
<td>Input AC frequency</td>
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<td>Output voltage *</td>
<td>DC 5.0V</td>
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<tr>
<td>Output current</td>
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<td>Output power</td>
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<tr>
<td>Average active efficiency</td>
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<tr>
<td>Efficiency at low load (10%)</td>
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</tr>
<tr>
<td>No-load power consumption</td>
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</tr>
</tbody>
</table>

* The AC Adapter (HAC-002(UKV)) has two types of DC output power, and the output voltage is automatically changed depending on the connected device.

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**Support Information**

**Nintendo Customer Support (UK and Ireland)**

- [www.nintendoservicecentre.co.uk](http://www.nintendoservicecentre.co.uk) (for support and repairs)
- [www.nintendo.co.uk](http://www.nintendo.co.uk) (for general enquiries)
- PO Box 4678, Windsor, SL4 9DZ
- United Kingdom
- (+44) 0345 60 50 247

(UK: Calls charged at the national rate. • Ireland: Calls charged at the international rate of the service provider.)

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**DECLARATION OF CONFORMITY**

Hereby, Nintendo declares that the radio equipment type (Nintendo Switch/Nintendo Switch Lite/Joy-Con) is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: [http://docs.nintendo-europe.com](http://docs.nintendo-europe.com)

For explanation of the symbols and markings used on this product, see [http://docs.nintendo-europe.com](http://docs.nintendo-europe.com)

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For more information about Nintendo Switch, please visit the Nintendo Support website.
support.nintendo.com